

PRAGUE, CZECH REPUBLIC

Dynamic Neuromuscular Stabilization - Training the Tennis Athlete

2 DAY'S WITH
MICHAEL RINTALA, D.C.

INTERNATIONAL DNS INSTRUCTOR

AND

TOMÁŠ STAŠKO

STRENGTH AND MOVEMENT COACH

AUGUST 17-
18, 2019



[HTTPS://WWW.RINTALACHIRO.COM/DNS-MOVEMENT-SKILLS--TRAINING-THE-TENNIS-ATHLETE](https://www.rintalachihiro.com/dns-movement-skills--training-the-tennis-athlete)

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