

DNS SUMMIT 2026

International DNS Instructor Meeting 2026

Three days of learning, sharing experience, and further developing DNS

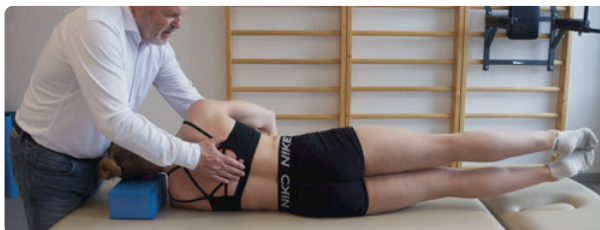
From August 14-16, 2026, 48 certified DNS instructors from nine countries gathered at Chateau Šanov



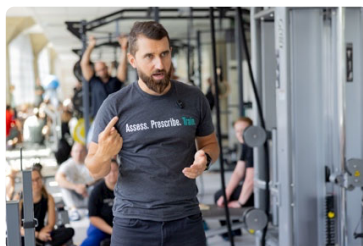
The three-day meeting gave the international team of DNS instructors an opportunity to learn together, share clinical experience, discuss current research and, above all, continue developing the **DNS** concept.



The professional program was opened by **Prof. Dr. Pavel Kolář, Ph.D.**, who discussed analytical exercise from a DNS perspective and the epistemological aspects of postural stabilization disorders.



Dr. Jakub Novák, Ph.D., presented an overview of research related to **DNS** principles.



Clinical workshops led by Czech instructors

Sharing experience, comparing clinical approaches, and discussing practical questions and teaching methods. Even DNS instructors never stop learning.
We learn from one another!

Videos from the instructor workshops will soon be available in the DNS Online Video Library!
Learn from workshops taught by certified instructors!

Mgr. Lenka Oplatková

DNS Shoulder Assessment and Treatment



Mgr. Júlia Demeková

Thoracic Spine Workshop



Mgr. Petra Valouchová, Ph.D.

DNS Foot Assessment and Treatment



Mgr. Jana Veselá

Pelvic Girdle Workshop



Mgr. Magdaléna Lepšíková

Cervical Spine Assessment and Treatment

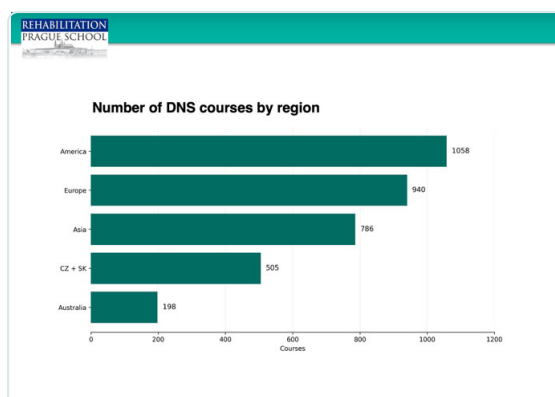
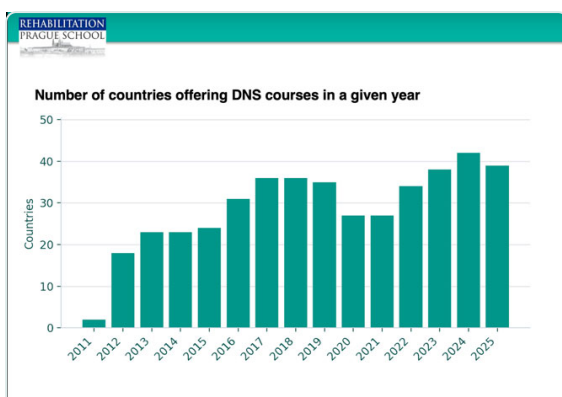
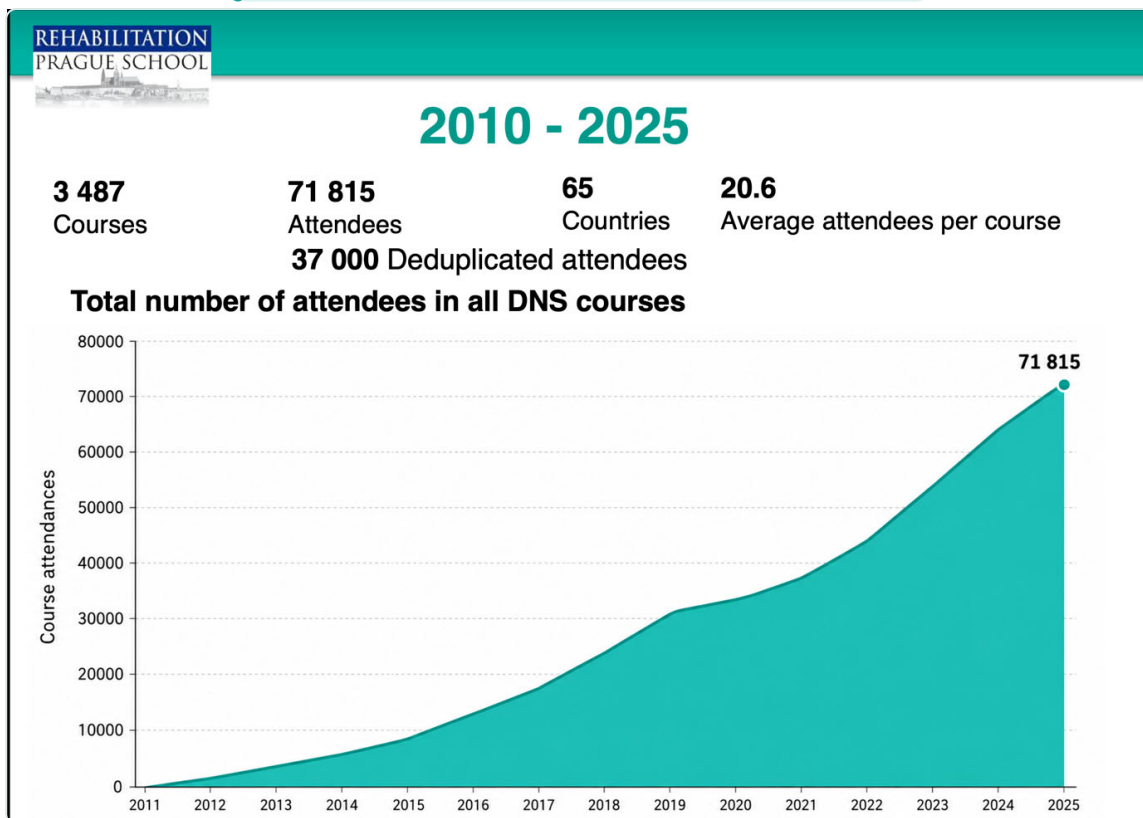


Mgr. Michal Truc

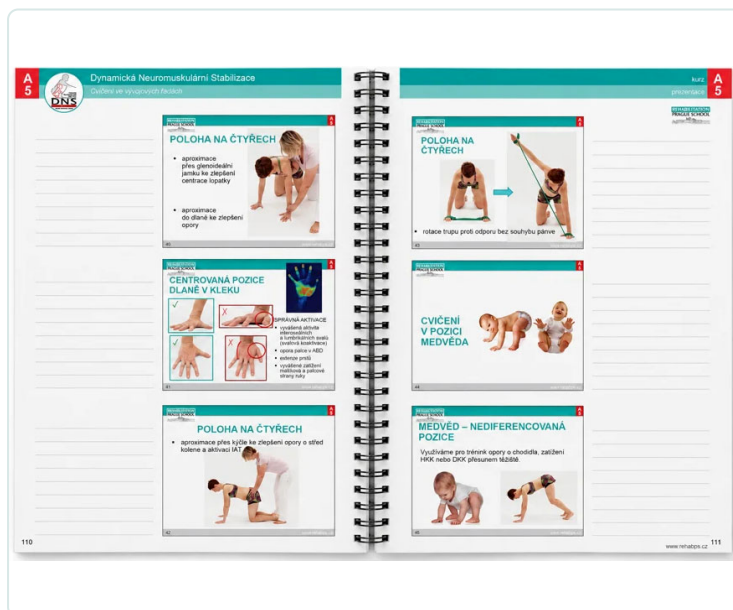
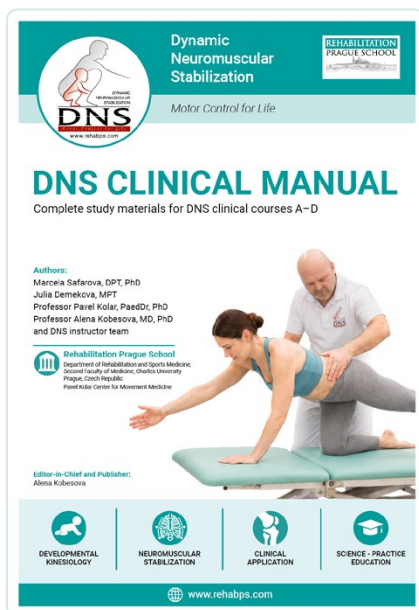
Lumbar Spine Assessment and Treatment



Prof. MUDr. Alena Kobesová, Ph.D.
Summarized current DNS education statistics



The brand-new DNS Clinical Manual coming soon.
Complete study materials for DNS Clinical Courses A-D
1,200 slides in print and electronic formats
Will be included in the DNS Online Video Library



The instructor meeting was followed by additional international courses

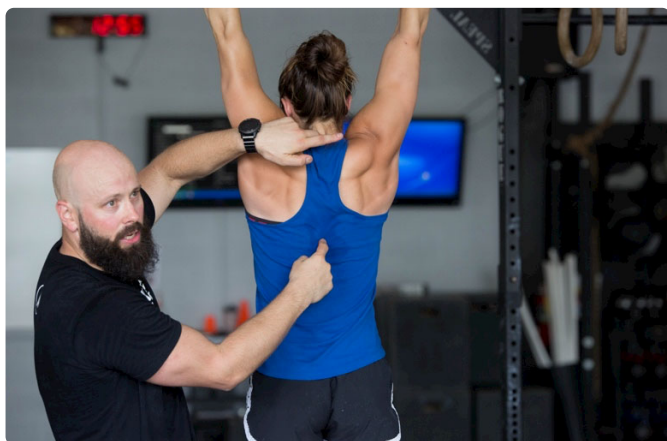
August 17-22, 2026
FINAL COURSE D
51 PARTICIPANTS FROM 13 COUNTRIES



August 17-19, 2026
DNS GOLF COURSE
24 PARTICIPANTS FROM 11 COUNTRIES
TAUGHT BY A CERTIFIED DNS INSTRUCTOR FROM THE USA
Dr. BRETT WINCHESTER



August 21-23, 2026
DNS STRENGTH TRAINING COURSE - PART 3
39 PARTICIPANTS FROM 7 COUNTRIES
LED BY A CERTIFIED DNS INSTRUCTOR FROM THE USA
Dr. RICHARD ULM and PhDr. JAKUB NOVÁK, Ph.D.



August 18, 2026

An evening at Professor Kolář's country house

